

Serenity Prayer

God grant me the
Serenity
to Accept the
Things I Cannot Change the
Courage
to Change the Things I Can and
Wisdom
To Know the Difference

We are here to help...

If you or someone you love is experiencing problems associated with alcohol or drugs, please call (812) 282-0423 Ext: 236. All calls are confidential.

What Happens When You Call?

- ◆ You will reach a recorded message.
- ◆ You will need to listen to the message and follow the instructions.
- ◆ Your call will be answered by a SAM member within 24 hours.
- ◆ No message of any kind will be left on your answering machine.
- ◆ A follow-up to the initial contact will be made if you request one.

As a parish family with the help of God, we will work together with you to provide the help you and your loved ones need to guide you to recovery and healing. We also provide prevention education to parish and community groups.

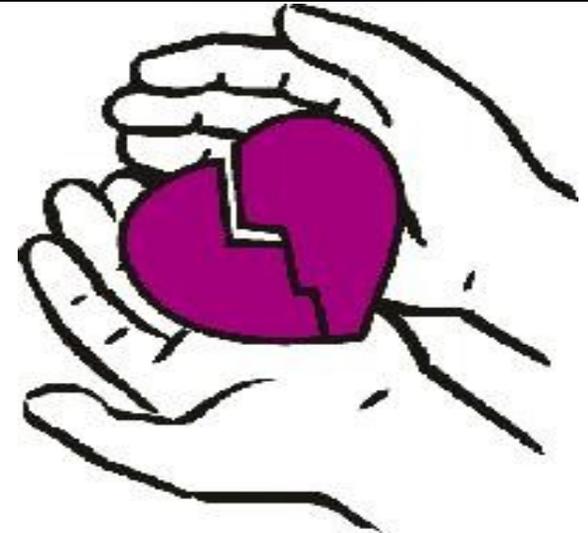
Do you recognize any of these???

- Uncontrollable use of alcohol or drugs
- Frequent intoxication
- Blackouts, temporary memory loss
- Increasing feelings of loneliness and depression
- Increasing isolation from family/friends
- Mood swings, unpredictable behavior
- Anxiety and/or insomnia
- Health problems
- Changes in work or school performance
- Problems with work or school authorities
- Legal problems, such as a loss of a driver's license due to a DUI
- Increasing financial problems
- Consumption of alcohol while taking prescription medications



Substance Addiction Ministry

**Hope... Healing...
Understanding...**



**Catholic Community of Jeffersonville
Sacred Heart Catholic Church
St. Augustine Catholic Church**

**Hotline: (812) 282-0423
Ext: 236**

How Our Parish's SAM Team Serves Those in Need

Mission Statement

Substance Addiction Ministry ("SAM") will provide education about addictive disease, increase awareness of the pain in people's lives and places where help can be found, and offer support, understanding, acceptance, and healing.



- ◆ SAM teams are stewards of the parishes' most valuable "treasure", its people.
- ◆ SAM teams share their "time" and "talent," offering hope, healing, and understanding to those touched by addiction.
- ◆ SAM teams provide a **safe, confidential** place for those to call for help and referral.
- ◆ SAM teams increase awareness of addiction through education to various ministries, parish groups, and to the community.

Substance Addiction

Alcohol and drug addiction is an epidemic in our society. The entire family is "affected," not just the "afflicted" member. Addiction is an illness that devastates the whole person physically, mentally, emotionally, and spiritually.

Substance addiction is not a moral problem or weakness. The American Medical Association (AMA) classifies alcohol and drug dependence as a primary disease, characterized by distinct stages of development, with specific signs and symptoms. If left untreated, it can be fatal.

Denial is characteristic of addictive disease and is based in shame and maintained by conspiracy of silence. The first step in addressing the problem is to begin talking about it, thus reducing shame, and opening the door to treatment and recovery of the entire family.

SAM TEAMS provide...

1. EDUCATION
2. REFERRAL
3. AWARENESS/ RESOURCES
4. SUPPORT

History of SAM in the Archdiocese of Indianapolis



Outreach to those affected and afflicted by addiction enjoys a long history in the Archdiocese. It can be traced back to Fr. Ralph Pfau, the first known priest to be helped by Alcoholics Anonymous and founder of what is today the National Catholic Council of Alcoholism and Related Drug Problems (NCCA).

The Archdiocese is deeply grateful for the pioneering development and support of Mr. Erik Vagenius of the Diocese of Palm Beach for authoring the SAM ministry model and to Deacon Bill Jones and Fr. Larry Voelker for their leadership and initiative in bringing SAM to the Archdiocese in 2006.

Substance Addiction Ministry ("SAM") is supported by the Office of Family Ministries of the

**ARCHDIOCESE
OF INDIANAPOLIS**

The Church in Central and Southern Indiana